

Slide Sheet

Description:

PHA Sanitized™ Slide Sheets are used to help prevent manual handling injuries and to eliminate the need for lifting. Made from polyester and coated with silicon, these slide sheets have minimal friction of movement and added durability enabling them withstand infection control washes without warping.

Hand or machine wash up to 80°C. Do not tumble dry – air dry only.

The Slide Sheet comes in a Small and Large size.

Dimensions:

Small: 1m × 1.5m

Large: 1.5m × 2m

Instructions for use:

PHA recommends that you seek accredited manual handling training to ensure carers correctly utilise slide sheets when repositioning patients.

Slide sheets can be used singly (folded in half), or with one sheet placed on top of another – depending on the length of transfer and the size of the sheet. At all times, it is recommended that at least 2 carers are present to perform patient transfer. Never leave a patient unattended on a slide sheet.

Turn patient gently on to side. Gather up approximately half the doubled sheet and place gathered material under patient as close as possible to their back, with open ends facing direction of travel. Turn patient back on to slide sheet. Carer should now be able to pull the gathered material out from the opposite side of patient so sheet is flat and patient is now centred on the sheet.

A carer on either side of the sheet can then grab hold of the top layer of the sheet at the open end and pull carefully in the desired direction with a lunging motion, bending at the knee with a straight back, repositioning the patient.

For transfers up the bed, place open end of folded sheet towards the bed head.

For sideways transfers, place open end of folded sheet towards patient and place under patient at least hip to shoulder. Pull in direction of open end.

WARNING: slide sheets are slippery, so please perform transfer slowly making sure patient's head does not hit the top of the bed.



The aid is a Class 1 Medical Device (non-invasive and non-sterile).