

Dementia Resources

Activities

Activities can re-establish old roles

For a person with Dementia, the need for a good quality of life is not diminished. Abilities can vary greatly depending on a person's age or their stage of Dementia. Keeping involved and active in the things a person enjoys is extremely important.

Make use of skills that have not been forgotten, such as washing up, sweeping or gardening. These are also ways in which a person living with Dementia can contribute to the household and feel useful.



BETTERLIVING LIFE LIKE BABY DOLL

Doll therapy is a non-pharmacological intervention for people living with Dementia aimed at reducing distressing behaviours. A life-like baby doll can help to engage a sense of purpose and responsibility.

ITEM	CODE
Life Like Baby Doll	BL2000



BETTERLIVING WEIGHTED COMFORT PUPPY

Based on the 'Companion Pet' therapy technique, this soft pet also incorporates the 'Weighted Therapy' technique that may be beneficial for reducing anxiety.

ITEM	CODE
Weighted Comfort Puppy, 2 kg	BL2005

