

## Pedal Exerciser



No external power source required

Non-slip rubber feet

Adjustable resistance

Adjustable pedals  
move forwards and backwards

Compact for easy portability

The perfect alternative to traditional stationary bikes, this lightweight, portable Pedal Exerciser is easy to use, offering a variety of exercise alternatives. Used to increase muscle strength and improve coordination, range of joint motion and circulation.

The exerciser can be used for both lower and upper body exercises. Place the unit on the floor to pedal with the feet, or place it on a table for use with the hands. Pedals can be moved forward or backwards and the resistance level incrementally adjusted with a turn of the adjustment knob.

This compact pedal exerciser can be moved from room to room, taken outside or when travelling, and can be easily stored in many places. Sturdy non-slip rubber feet ensure the unit remains stable on the majority of surfaces.

CODE	BL3700
HEIGHT	280 mm
WIDTH	445 mm
DEPTH	530 mm
PRODUCT WEIGHT	2.5 kg
COLOUR	Chrome
WARRANTY	One year

NOT TO BE USED  
WHILST STANDING.



CAUTION: SUSTAINED USE ON HIGHER RESISTANCE SETTINGS CAN CAUSE THIS EQUIPMENT TO GENERATE HEAT, CAUSING THE PEDAL SHAFT TO BECOME HOT. TAKE CARE WHEN HANDLING THE EQUIPMENT AFTER USE, PARTICULARLY THE PEDAL SHAFT, DUE TO POTENTIAL BURN RISK.