

# PHYSIO TENS

## TENS Duo

### Digital



This easy to use, digital TENS machine offers natural, non-invasive pain relief without the use of chemicals or drugs.

Transcutaneous Electrical Nerve Stimulation (TENS) delivers tiny electrical impulses to the nerve fibres that lie underneath the skin's surface, providing pain relief by blocking pain signals to the brain via the spinal cord and peripheral nervous system. Includes EMS mode, which is beneficial in muscle re-education and prevention and/or retardation of disuse atrophy.

This powerful TENS machine has a large liquid crystal display and easy operation press buttons, ideal for people who have difficulty reading smaller panel inscriptions or turning smaller dials. The unit offers 32 stimulation modes for pain relief and muscle training. There are 5 adjustable TENS modes, 3 adjustable EMS modes and 24 professional presets of TENS and EMS available.



ITEM	Digital TENS Kit	Self Adhesive Electrodes (pack of 4)	Replacement Leads (pack of 2)
CODE	TENS2	KF5050	KE
HEIGHT	118 mm		
WIDTH	60 mm		
THICKNESS	31 mm		
WEIGHT	157 g with batteries		
CONFORMS TO	ARTG 210592		
WARRANTY	1 year		



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The Digital Kit includes:

- 1x TENS machine unit
- 1x D size 9-volt battery
- 1x AC power adaptor
- 2x electrode leads
- 4x self adhesive electrodes (pack of 4)
- 1x instruction manual
- 1x hard plastic carrying case for safe storage of all components



TENS is used for the symptomatic relief and management of chronic intractable pain and adjunctive treatment of post-surgical or post-traumatic acute pain.

Depending on the specific pain problem, conditions that can respond to TENS include:

- chronic neck pain
- amputation and phantom limb pain
- headache
- lower back, lumbago, leg pain
- sciatica
- arthritis

TENS can be an effective way to reduce or eliminate pain, however may not be suitable for all patients.

Certain daily activities or medical conditions can contraindicate, or make inadvisable, the use of a TENS machine. TENS machines are not suitable for use with implanted pacemakers, defibrillators, infusion pumps and other such personal medical devices.

PLEASE CONSULT YOUR HEALTHCARE PROFESSIONAL BEFORE USE; AND ONLY USE UNDER THEIR CONTINUED SUPERVISION.

